

1'st Manotick Scout Troop

HSR '06 CAMP MANUAL

Camp Dates: Saturday, August 12, 2006 – Saturday, August 19, 2006
Campsite Location – Beacrobra Cove Campsite – Haliburton Scout Reserve

Leaders: Full Time: Scouter Bob Peace Junior Leaders: Jeremy Eckert
 Scouter Brad Eckert Tim Chadwick
 Scouter Heather McIntosh
 Scouter Cam Thomas
 Scouter Darren Dentremont

PATROL ARRANGEMENTS:

| | Site # 1 (Hill) | Site #2 (Dock) |
|-----------|-------------------------------|------------------------------|
| Scouts: | Tim x | Jeremy x |
| | Adrian x | Piotr x |
| | Jayden x | Nathan x |
| | George x | Greg x |
| | Max x | Levko x |
| | Marshall x | Tyler x |
| | David x | Carlos x |
| | Kevin x | Sean x |
| | | James x |
| Scouters: | Brad Eckert/Darren Dentremont | Bob Peace / Heather McIntosh |

- Notes: 1. For cooking, cleanup and sleeping arrangements, patrols will work as separate units. For program activities, we will work as one group for the most part.
2. Within patrols, both Scouts and Scouters will pitch in to ensure all camp chores get done.
3. Scouters will switch patrols as appropriate for activities.

Transportation

Traveling to Haliburton Saturday, August 12, 2006 (required – 22 bodies)

| | |
|--------------------------------|--------------------------------|
| Cam Thomas – Truck and Trailer | - 4 bodies + lots of equipment |
| Heather McIntosh – Car | - 4 bodies + personal luggage |
| Brad Eckert – Van | - 5 bodies + personal luggage |
| Bob Peace – Van | - 5 bodies + personal luggage |
| Darren Dentremont – Van | - 5 bodies + personal luggage |

Returning from Haliburton Saturday, August 19, 2006 – as above

Final Cost - \$350.00 per youth attending, \$275.00 for second youth (balance due by end of July)

HOW TO CONTACT US

August 12-19, 2006

Scout / Scouter _____

1st Manotick Scout Troop,
Beacrobra Cove Campsite,
Haliburton Scout Reserve
P.O. Box 450,
HALIBURTON, Ontario
K0M 1S0

In Case of Emergency, contact through (in order of preference):

Haliburton Scout Reserve's new landline phone for emergencies is 1-705-448-9275 (it may be necessary to leave a message on the answering service outside of regular camp office hours but someone will return your call)

Cam Thomas – cell # xxx-xxx

Traveling to Haliburton August 12, 2006

Meet at Giant Tiger no later than 7:30 AM for immediate departure (important)

Wear – travel uniform (troop T-Shirt supplied by group and scarf, clean blue pants)

Bring – bagged lunch and drink to eat when we arrive + snack for stop on road

CAMP SET-UP

Arrival at Beacrobra Cove (via Barge)

- Unload barge Keep some order to the Troop/Patrol/Personal gear, well up from the dock area
- Only one Scout on the dock at a time or it will sink.
- If raining (!) – place everything on tables with a tarp over it.
- Travel uniform (T-Shirts/Scarves) off, camp clothes on.
- Store uniform neatly in personal packs

Organize and Setup Patrol Sites:

Everyone help move personal and patrol equipment to each site

Select sites for kitchen, tents, KYBO, etc. (check with Scouter Cam for locations)

Organize patrol members to get all the set-up chores completed

Divide into tent crew, kitchen crew, Kybo crew, fireplace crew

The sooner EVERYTHING gets done, the sooner we all go for a swim

Camp Set-up -- Check-list.

Move 3 tables to patrol site if needed.

Tents -set-up carefully so they can stay in place for 7days

-clear away stones, have tent sloping correctly

Personal gear into tents (do not un-pack yet)

Kitchen: -Dining fly - high enough to walk under sides,

- slope to shed rain (use poles at side)

- adjustable to protect if wind blows,

Tables - two for eating and cooking under fly, one for washing, food prep in open area

- table cloths tacked down (not under hot stove!)
- Stove - protected from wind, under fly (but not too close to fly)
- Propane Tank + "wand" + stove + lantern on top, (tight)
- Patrol boxes under fly - off ground on rocks or logs, convenient for cooking,
- Water area - convenient to kitchen, but not where we trip over buckets,
 - drinking water barrel on bench in cooking area – keep in shade
 - liquid soap (pump bottle) available for washing
- Firepit area - build a "fireplace" with rocks and a steel grill for boiling water for dishes, cooking meals
 - firewood stacked near fireplace with a small tarp over the woodpile
- KYBO - to be dug in appropriate location (check with Scouters):
 - construct to last the patrol 7 days (deep and narrow)
 - bucket of Javex water placed near the KYBO area for washing hands after using KYBO (one capful of Javex in bucket of water).
 - toilet paper roll in waterproof plastic container
 - KYBO shelter = tarp strung from trees to provide shelter

Troop Chores:

- QM Store - storage boxes - arranged in convenient location so that contents can be accessed,
- all boxes off the ground on rocks or logs,
 - food and supplies stored neatly in logical order,
 - ensure rodents (chipmunks, raccoons) cannot get into boxes,
 - troop equipment in same location,
 - protected from rain with a tarp spread over everything and held down by rocks.

Help set up Scouters' personal tents.

- Swim area - buddy board and name tags (clothes pins with names written on them) strung between trees
- in convenient "entrance" to swim area, also used for boating activities.
 - ensure safety equipment is in place -- life ring with line, reaching assist,
 - arrange for rowboat to be available for life-guarding large groups.

- Campfire - clean out campfire area,
- arrange enough seating for all Scouts, leaders, guests,
 - gather enough firewood for several campfires, don't forget supply of birch-bark and dry tinder
 - lay a fire that will start with one match when Troop gathers for first campfire.

- PFD storage rack: - invent a rack to store PFDs near canoe landing.
- available for all boating,
 - keep off the ground,
 - easy to get PFDs on and off storage rack.

Troop flag displayed in prominent location at dock

Canoe paddle rack -- to store paddles off ground, out of the way when not being used.

ROUTINE DAILY CHORES

" Everyone works until everything is done, so everyone can enjoy the fun."

Major Duties: -rotate daily (everyone to help when chores get too big for those designated)

- Cooks - 2 or 3
- collects food supplies from Troop QM store,
 - prepare and serve meals,
 - return left-overs to QM store, cooler and/or patrol food box,
 - cleans pots/griddle good enough to go into dish washing cycle,
 - cleans stove.

Dishwashers - 4

- clear table after meal,
- set-up dish pans with hot water ready for washing (soap, rinse, javex, drain, dish bags),
- wash all personal dishes and cutlery - put straight into dish bags,
- rinse kitchen pots, pans, utensils, -- air dry
- pack all patrol equipment away into boxes.

Fire/ Water/ Garbage - 2

- change KYBO bucket, wash off kybo box,
- keep drinking water barrels full (from well at Hub site)
- keep kitchen and wash water buckets full,
- keep wood pile full and protected from rain,
- provide boiling hot water for dishes (fill hot water bucket, boil on stove or over fire **BEFORE** meal starts)
- clean up garbage during and after meals -- separate into burnable and non-burnable
- burn/ dispose of garbage.

Morning: *Time to get up decided by Troop/Patrol based on program,*

- optional early morning swim (with Scouter supervision),
- first up (Fire/Water?) put water on stove for wash-up and dishes
- personal wash-up (cooks get done first) - thorough strip down wash every day.
- major duties as described above, (see Supper for routine)
- tidy up tents,
- prepare site for day:
 - personal packs organized,
 - food and equipment boxes tied closed,
 - tents closed in case of rain,
- air out sleeping bags if sunny day and we stay in camp.

Lunch

- same routine for preparation and clean up of meal as breakfast and supper -- only easier.

Afternoon Chores:

- wooding expedition for campfire, lay campfire ready for night
- canoe to HSR Store to fill drinking water barrels from well, pick up food supplies for next 24 hours.

Supper

- Preparation
 - Cooks - get food supplies from Troop QM store, washup, prepare, serve meal.
 - Firemen- fill hot water bucket and put fire to boil, build, light and maintain fire
 - fill kitchen/washup water buckets as needed.
 - Dishwashers - help as needed.
- Cooks
 - return leftovers to Patrol box, QM store and/or cooler
 - scrub pots, pans, griddle and stove.
- Firemen
 - clean up garbage from kitchen/patrol site,
 - separate into burnable and non-burnable,
 - dispose/burn all garbage and recycle as possible.
- Dishwashers
 - clear dirty dishes to one end of table,
 - set up 3 dish pans of scalding hot water from hot water bucket-soap, rinse, javex
 - set up dish rack and dish bags,
 - do personal dishes and cutlery + final rinse of pots
 - start with least greasy dishes, work up to worst, let drain, dry with J-Cloth straight into dish bags without touching them with fingers.
 - set out pots, utensils, cups and food needed for evening snack,
 - put rest of patrol equipment away, tie up boxes

Evening (before dark): Troop Motto: "I can sleep nights!"

- Prepare Camp for night:
 - clothes off line, personal belongings picked up,
 - boats up and canoes turned over on shore,
 - PFDs stored off ground,
 - wood pile covered
- Prepare tents for night
 - sleeping bag, pyjamas on top,
 - flashlight at door,
 - toilet kit (toothbrush and toothpaste) by door,
 - check pegs and guy lines (tents and kitchen fly)
- Campfire patrol (rotate every night with dock patrol)
 - lay campfire in afternoon,
 - safety buckets of water available,
 - prepare snack as requested -- hot chocolate made beforehand.
 - light campfire (one match!) when both patrols are gathered,
 - douse fire after closing.
- Dock Patrol
 - make sure all boats are out of the water, paddles stacked,
 - PFD's hung up to keep dry and clean

Before Bed: (everyone)

- rinse out cups from campfire snack, (use for brushing teeth),
- leftover snack food and utensils into boxes,
- food and patrol boxes secured/protected for night,
- brush teeth,
- visit KYBO.

RULES & INFO FOR SCOUTS**SAFETY**

- Scouters to know where you are at all times -- when leaving patrol site, check out with Scouter. Check back in when return.
- Wear shoes in camp at all times - 'wet shoes' may be worn in canoes and in swimming.
- Scout Knives used properly; Only take out of patrol site if necessary.
- Use of stoves & gas lanterns under Scouter's supervision.
- Fire in designated area only; Never leave it alone; Keep bucket of water handy for emergency.
- Wood cutting in designated area only (bring deadwood in from bush to break up in site); Use saws properly (if you don't know how, ask!); Hatchets/Axe not needed, but under Scouter's supervision:
- Only Scouters lift hot water buckets on/off stove

WATERFRONT

- Swimming under supervision only -- ALWAYS HAVE A BUDDY
- Boating/Canoeing -- WITH A BUDDY (either in same boat or in 2nd boat nearby)
- Use BUDDY BOARD to indicate when you are IN or ON the water
- TOP is for 'on top' of water (i.e. in a boat/canoe)
- BOTTOM is for 'in/under' the water (i.e. swimming)
- Wear PFD, PROPERLY DONE UP, whenever in boats/canoes/barges.
- Kneel in canoes; Come to shore to change positions; 'Wet Shoes' allowed in canoe

PERSONAL WASHUP & HYGIENE

- Warm, soapy, 'strip-down' wash daily
- Use the KYBO, not a local tree!
- Wash hands in Javex water at KYBO every time!
- Wash hands before touching food
- Keep kitchen and food storage boxes clean
- Disinfect dishes and store properly
- Label cups and use only the one with your name on it

USE OF KYBOS

- Keep toilet paper sealed in waterproof container
- Small amount of dirt down KYBO after bowel movement (don't miss the hole!)
- Cover on KYBO seat when finished
- Check for any cracks that need sealing
- WASH YOUR HANDS in Javex water immediately after
- Change Javex water at KYBO every morning

FOOD

- You are part of a patrol of 7-8 people; Food supplies are for everyone; Don't just help yourself! -- share the rations fairly
- Patrols may plan and order (24 hours in advance) any 'special' foods desired. Patrols must coordinate with Troop QM, stay within allocated budget, order and pick up food at store.
- Access to food supplies only on directions of Quarter Master.
- Staples provided at beginning of camp is to last the full 7days -- use what is needed, but don't waste (e.g. go easy on the jam, Cheeze Whiz)
- Before opening fresh jar (especially near end of camp) check that there isn't one already started, and consider whether it can all be used up before we go home.

WATER SUPPLY**Drinking and Cooking**

- DO NOT drink water from the lake (it has "Castor Fecal Bacteria")
- Water barrels are only for drinking and cooking only -- wash water can be taken out of lake in buckets
- 3 Water Barrels per Patrol - bring empty from Manotick
- Fill on arrival at "Snack Shack" before going out to site
- Patrols responsible to fill barrels as needed:
 - from tap outside "Country Store" on mainland
 - to avoid extra trips, take barrels when making trip to mainland for activities
- Keep drinking water barrels in the shade

Washing

- Lake water can be used for personal washing, kitchen cleanup and laundry
- NEVER WASH IN THE LAKE - bring water out of the lake, back to the campsite in buckets
- Build a tri-pod wash stand to hold a bucket and soap for casual washing of hands
- Each Scout shall have a thorough "strip down wash" once a day with warm water, using soap and facecloth or a hot shower
- Dump dirty water back into bush at a suitably designated area where liquid can filter into ground.

KITCHEN CLEANUP

- Limit use of paper towels to pots and griddle
- Leave out cups after wash-up for drinks during day or campfire snack - keep covered with dish pan
- Limit towels for drying dishes only -- rinse in Javex water after cleanup and hang out to dry
- Use sponges for tables

HOW TO DO DISHES

- Cooks do pots and stove separately, put pots through washing cycle at end for final rinse (after all the other dishes are done)
- Scalding hot water ladled from metal bucket
- 3 pan system:
 - detergent -- about one teaspoon, add more later if needed.
 - rinse
 - Javex -- one CAPFULL (don't splash, watch your eyes)
 - Drain rack -- let them drain; it's easier to dry then
- Scrape dishes (use rubber scraper) into 'garbage fire' -- really 'gooey' dishes should be rinsed separately before going into dishwasher
- Wash cleanest dishes first (usually cutlery, cups, plates, bowls, then pots last)
- Set in drain rack UPSIDE DOWN so they will drain
- Dry everything except pots with towels -- hold dish with one corner of cloth and dry with the other
- Put dishes straight into bags WITHOUT TOUCHING WITH FINGERS (they've just been sterilized in Javex, don't get them dirty again!)
- Use limited amount of paper towel (2 sheets per meal?) for pots
- Rinse Clothes in detergent/rinse/Javex -- hang up to dry
- Sponge table with detergent, then Javex, then dry with sponge
- Rinse sponges in detergent/rinse/Javex
- Pour detergent water out in bush first; Use rinse water to clean detergent pan; Use Javex water to rinse all 3
- Hang up Sponges and Clothes with clothes pegs to dry (keep out of rain!)
- Stack dish pans so they drain, don't get dirty, and don't blow away in the wind.

ECOLOGY

- Collect all "garbage" in site (if it's here, it's ours!)
- Separate "garbage" into;
 - REUSEABLES -- wash it out and save for future
 - RECYCLEABLES -- cans, bottles and plastic containers wash and put in 'blue box' on dock
 - BURNABLES - all food waste (Raccoons just make a mess) paper, cardboard
 - DISPOSABLES - styrofoam, plastic (milk bags, cellophane wrappers, etc.)
 - put in garbage can on dock
- Keep fires to a minimum
- Turn off stoves when not actually cooking.
- Never wash (personal or dishes) in the lake
- Dump dirty dish water in the same area, away from the campsite

TENTS

- No horseplay in or around the tents
- Tents are for sleeping -- use kitchen or local 'sitting rock' for card games, chatting, whittling, crafts, etc., etc.
- Dress and undress OUTSIDE of the tent
- NO FOOD of any sort in the tents at anytime
- Don't use screens on tents (there aren't any bugs in August)
- Always unzipper the door ALL THE WAY
- Keep tent neat
 - its easier to find things if there is "a place for everything and everything in its place"
 - its easier to move in an emergency if there is only 1 or 2 bags holding all your gear
 - keep dirty clothes packed separately from clean ones (when you run out of clean clothes,

- its time to do a wash -- see the QM for laundry detergent!)
- arrange BAGS AT FRONT -- so you can get things without having to go all the way in -- especially important in rain
- flashlight and tooth brush beside front door ready for 'going to bed'
 - Fold sleeping bag before dusk to prevent dew getting it wet while you're at the campfire.
- Clean out regularly (every 2nd day? -- depends on weather and program)
 - move personal stuff out (you'll find everything you've been missing for the last 2 days!)
 - Whisk or "shake out" tent
 - replace personal stuff the way it should have been!
- Check daily for rips, leaks, broken poles, worn guy lines or other technical problems -- fix as soon as possible (see Scouters)

MISCELLANEOUS

- Telephone for use by Scouters only (unless for extreme emergency and Scouter not available)
- "Curfew" on lake will be determined by Scouters -- all boats and canoes are to be up on shore and everyone in camp by that time. Normally 8PM by this time of the summer.
- Take cups to campfire; Use cup for cleaning teeth before going to bed, rinse; Take cup to bed with you to avoid "critters" (chipmunks, raccoons) licking them during the night.
- HSR is a "wilderness experience" -- we do not bring radios, walkmans, electronic games, etc.

ACTIVITY SCHEDULE

| Day / Date | Morning | Afternoon | Evening |
|----------------|---|--|---|
| Sat. Aug. 12 | Travel - leave 07:30 - Lunch -at dock area | Arrive/Setup - swim test Patrol Supper | In-Camp - PL mtg. - TS meeting - personal logs Campfire |
| Sun. Aug. 13 | Canoe Inst. 9:30 at Hub, then Scouter Cam | In Camp - complete setup - swim, etc. - projects (wash stand, KYBO shelter, shower, sweat lodge, etc) | In-Camp - boating - wide game - Star hike 10:00 PM Starhike |
| Mon. Aug. 14 | Rappelling - 10:00 AM at Hub 10:30at rope site | 2:30 PM Kayaking at Hub | In-Camp - showers Campfire |
| Tues. Aug. 15 | 9:00 AM - Archery 10:00 AM-Riflery | 12:30PM - Sailing at Hub | In-Camp Campfire |
| Wed. Aug. 16 | Two Separate Hikes - Drag Lake Trail Maintenance | Two Separate Hikes - Drag Lake Trail Maintenance | In-Camp - showers Campfire |
| Thurs. Aug. 17 | 10:00 AM Survival 11:00 AM - Snorkeling | 1:30 PM - REGATTA at Hub | 7:30 PM - Overnight Survival by Patrol |
| Fri. Aug. 18 | 10:00 AM Trapper's Cabin | SHOOT-Offs (Rifle, Archery) 1:30 PM Climbing Wall | HSR Wide Campfire |
| Sat. Aug. 19 | Cleanup/Packup Insp. (10:00) Lunch at Bancroft (12:00) | Travel Arrive 16:00 ± Home for supper | |
| | | | |

MENU -- HSR'06

| Day / Date | Breakfast | Lunch | Supper |
|----------------------------|--|--|--|
| Sun. Aug. 12 | | Bring Lunch - Eat at Dock | #1 Hamburgers, Corn /15 |
| Sun. Aug. 13 | #2 Egg McMuffins/Cold Cereal /15 | #1 Hot Dogs /15 | #2 Ham and Pineapple /15 |
| Mon. Aug. 14 | #3 Cold Cereal/Toast /15 | #2 Submarines /15 | #3 Fish, Rice, Carrots, Veggies /15 |
| Tues. Aug. 15 | #4 French Toast /15 | #4 Ravioli /15 | #4 Chicken Parmesan /14 |
| Wed. Aug. 16 (Day Hike) | #1 Oatmeal /14 | #3 Tuna / Ham Sandwiches /14 | #5 Stew /14 |
| Thurs. Aug. 17 | #5 Pancakes / Sausages /14 | #5 Chunky Soup /15 | #1 Hamburgers / Corn /15 |
| Fri. Aug. 18 | #2 Egg McMuffins/Cold Cereal /15 | #6 Grilled Cheese Sandwiches /17 | #6 Spaghetti /17 |
| Sat. Aug. 19 | #1 Oatmeal / Leftovers /17 | #7 (Bancroft) Cheese Sandwiches Leftovers /17 | |

refers to Menu number on following pages
/ indicates number of people in camp for that meal (in 2 patrols).

MEAL PLANS -- HSR'06

Note: Quantities are for one patrol of 8 - 9 people

| MENU: Breakfast # 1 | |
|---|--|
| Menu | Supplies / Notes |
| Orange Juice Hot Cereal Bread/Jam | Juice (1 48oz tin) - finish it up Instant Oatmeal Packs - Variety Pack (2/person) Bread (typically 1 loaf) |

| MENU: Breakfast # 2 | |
|--|--|
| Menu | Supplies / Notes |
| Orange Juice Cold Cereal Egg McMuffins | Juice (1 48 oz tin) -- finish it up 2 eggs/person 1 Package Cheese Slices $\frac{3}{4}$ pound sliced ham Bread (2 dozen English Muffins) Cold cereal - 3 large boxes for week Milk (one bag) -- for cereal, finish it up |

| MENU: Breakfast # 3 | |
|--|--|
| Menu | Supplies |
| Orange Juice Cold Cereal Jam / Toast | Juice (1 48 oz tin) -- finish it up Cold cereal - 3 large boxes Bread (typically 1 loaf) Milk (one bag) -- for cereal, finish it up |

| MENU: Breakfast # 4 | |
|---|---|
| Menu | Supplies |
| Orange Juice French Toast Cold Cereal | Juice (1 48 oz tin) -- finish it up 1 doz. eggs Pancake syrup Margarine Cold cereal Bread (2 loaves) Milk (one bag) -- for cereal, finish it up |

| MENU: Breakfast # 5 | |
|---|---|
| Menu | Supplies |
| Orange Juice Pancakes Sausages Cold Cereal | Juice (1 48 oz tin) -- finish it up Pancake Mix - 1 box, add water only Pancake syrup 2 pounds sausage links Margarine Cold cereal Milk (one bag) -- for cereal, finish it up |

| MENU: Lunch # 1 | |
|----------------------------|---|
| Menu | Supplies |
| Hot Dogs Drink Crystals | Hot Dogs - 24 Hot Dog buns - 24 Mustard/Relish/Ketchup (left-over Tomatoes/Onions) ½ can juice crystals |

| MENU: Lunch # 2 | |
|--|--|
| Menu | Supplies |
| Submarine Sandwiches Drink Crystals | 2 Sub buns per person Sliced ham, turkey, smoked meat Mayonnaise, Tomatoes Relish, Mustard, Ketchup ½ can juice crystals |

| MENU: Lunch # 3 | |
|---|---|
| Menu | Supplies |
| Tuna Salad and Ham Sandwiches Drink Crystals Apples | Tuna - 2 cans - Mix generously with mayonnaise Sliced Ham Bread - about 2 loaves 1 bag apples ½ can juice crystals |

| MENU: Lunch # 4 | |
|--|---|
| Menu | Supplies |
| Mini Ravioli Supplementary Sandwiches Drink Crystals | Ravioli - 4 large tins Bread - about 1/2 loaf Margarine ½ can juice crystals |

| MENU: Lunch # 5 | |
|---|---|
| Menu | Supplies |
| Chunky Soup Supplementary Sandwiches Drink Crystals Apples | Chunky Soup - 4 cans (typically 0.5 cans/person) Jam, cheese slices Margarine Bread - typically 1 loaf 1 bag apples ½ can juice crystals |

| MENU: Lunch # 6 | |
|--|---|
| Menu | Supplies |
| Grilled Cheese Sandwiches Chicken Noodle Soup Drink Crystals | Chicken Noodle Soup - 3 packages Cheese - 1 package of slices (2 slices/per) Margarine Ketchup Bread (2 loaves) ½ can juice crystals |

| MENU: Lunch # 7 for last day, taken to Main Dock | |
|---|---|
| Menu | Supplies |
| Sandwiches Leftovers Apple Juice or Drink Crystals | Bread - about 2 loaves Leftovers Mayonnaise/Mustard/Relish Apple Juice / Leftover Milk or Drink Crystals |

| MENU: Supper # 1 | |
|--|---|
| Menu | Supplies / Notes |
| Hamburgers Corn on Cob Fresh Fruit | Frozen Hamburger Patties - 2.5 each Hamburger Buns - 2.5 each Cheese Slices 12 cobs of corn Tomatoes - 2-3 Onion - 1 Mustard/Relish/Ketchup Margarine, Salt Fresh Fruit (Watermelon?) |

| MENU: Supper # 2 | |
|--|--|
| Menu | Supplies / Notes |
| Ham and Pineapple Mixed Vegetables Milk Instant Pudding | Apple Juice - 1 48 oz tin Tinned Ham - 2 cans (large) Pineapple - 1 can crushed Mixed Vegetables - 2 large cans Jell-O Instant Pudding - 3 serving boxes Milk - 3 bags - for pudding and drinking |

| MENU: Supper # 3 | |
|---|--|
| Menu | Supplies / Notes |
| Fresh Fish Rice Carrots Fruit Cocktail Milk | Fresh Fish Pieces for Cooking in Tinfoil Rice - one box Carrots - 2 cans Fruit Cocktail - 2 cans Milk - 2 bags |

| MENU: Supper # 4 | |
|---|---|
| Menu | Supplies / Notes |
| Chicken Parmesan Fresh Potatoes Fresh Veggies Canned Peaches Milk | Chicken Breasts - 1 each Onion Soup Mix - 1 pkg. Cheddar Cheese - 250 gm Potatoes - 1 large one per person Veggies - Celery, Carrots, Green Peppers Salad Dressing for Veggie Dip - 1 bottle Fruit Cocktail - 2 cans Milk - 2 bags |

| MENU: Supper # 5 | |
|--|--|
| Menu | Supplies / Notes |
| Stew Peas & Corn Pudding Milk | Canned Stew (0.75 cans/person) 1 can peas 1 can corn Jell-O Instant Pudding - 3 boxes - requires milk 1 can @ 48 oz Apple Juice Milk - 2 bags |

| MENU: Supper # 6 | |
|---|---|
| Menu | Supplies / Notes |
| Spaghetti Meat Sauce Garlic Bread Canned Pears Milk | Spaghetti - 1 box spaghetti noodles Hamburger - 1 kg Sauce - 2 @ 24oz cans Parmesan Cheese - 1 container Garlic Bread - 1 loaf Garlic Powder Canned Pears - 2 large cans Milk - 2 bags |

STANDARD PATROL EQUIPMENT for HSR – 2 Patrols to Equip

3 Wanigans for holding equipment and supplies, including:

- 2 Propane stoves - with hose and pressure valve
- 3 dishwashing buckets
- Pot set: Large, Medium, Small (with fitting lids), one frying pans, 1 extra large lid
- Plates, Bowls, Cups (12 each in dish bags)
- Cutlery - knife, fork, spoon (12 each in dish bag)
- Kitchen Utensils - complete set in container
 - - non-flint sparker or fire starter
 - - dish brush
 - - paring knives (2)
 - - griddle handle
 - - potato peeler (2)
 - - BIG fork
 - - serving spoon
 - - ladle (dipper)
 - wooden spoon
 - can opener (good)
 - rubber scrapper
 - bottle opener
 - hot dog tongs
 - holy spoon
 - pot pliers
 - scissors
- 2 Griddles
- Cheese grater
- Measuring Cup
- 2 Serving Jugs for Juice
- 2 Milk Bag containers
- 12 clothes pegs
- Plastic Container for Toilet Paper
- Plastic Container with Matches
- 2 sponges
- 1 plastic container with SOS pads
- 1 box J Cloths
- Plastic table cloth, table cloth clips
- Whisk/brush
- Garbage bags
- Salt & pepper shakers
- 2 rolls heavy duty tinfoil
- 1 Small Cooking Oil
- 2 Mixing Bowls
- 1 small bottle Hand soap
- Small bottle dish soap
- Small bottle Javex
- Short lengths of nylon cord
- 3 Dish Towels
- 4 Dish Clothes for drying dishes

PACKED SEPARATELY For Each Patrol

- 3 Water Barrels
- 2 Coolers
- 1 Dish Rack
- 3 water buckets
- 1 galvanized water pail (for hot water for dishes)
- 2 Propane tanks
- 1 Wand for propane
- Propane lantern + mantles
- 5 Tents at dock, 4 tents up hill -- with pegs, poles (plus 2 tents for leaders per site)

- Large Kitchen Fly (Chris Tyler to get two new ones made)
- Long Rope for Kitchen Fly
- Ropes for Clothesline
- Green Tarp for KYBO Shelter
- Mesh for shelter around KYBO (Chris Tyler?)

TROOP EQUIPMENT for HSR

- Extra large tarp for storing food in central area
- One Dining Tent for Storing Supplies in central area
- Extra tarp for shower enclosure
- Three old patrol boxes to pack food supplies in
- Axe
- Two bow saws for firewood
- Insect repellent
- Duct tape
- Masking tape
- Hoisting Canadian Flag
- Troop Flag
- Capture the Flag flags
- Frisbees
- Seam Sealer
- 1 Box Laundry Detergent
- 1 Roll Handi Wrap
- 1 Container baggies
- Extra Sponges
- Spare stove
- Spare Pot Set
- Spare serving jug
- Garbage Bags (large green + small grocery)
- 2 large boxes wooden strike anywhere matches
- Troop FIRST AID KITS (Red + backpacking)
- Rope bag with lots of ropes
- Extra tent pegs
- Rake
- 2 Long handled shovels (to dig KYBO's)
- 2 Day Packs
- Single Burner Coleman Stove and base
- 2 small propane fuel containers
- Waterfront tag board
- 2 dozen clothes pegs with names for buddy / boating board
- Extra whistles for PFDs
- 2 Food Barrels.

Major Items to be Purchased / Built for 2006 HSR Camp

4 New Tents (Cam)

2 New Wanigans (Cam)

2 New Tarps (Chris Tyler)

2 Food Barrels (Cam)

2 Proper Bow Saws (Cam)

Additional Dishes, utensils, bags (Cam)

| | |
|--------------------|----------------------|
| Date: _____ | Scribe: _____ |
|--------------------|----------------------|

| |
|--|
| Morning Weather: Sky: <u>CLEAR, BROKEN, OVERCAST, STORM</u> Temp.: _____°C Wind: Direction: <u>N-NE-E-SE-S-SW-W-NW</u> Speed: <u>CALM, LIGHT, MOD., STRONG</u> |
|--|

| | | |
|---------------------------------|-------------|-----------|
| Major Activities: | | |
| Time: | Activities: | Comments: |
| (Use back for more description) | | |

| | | | |
|---------------|-----------|----------|------------|
| Meals: | Main Dish | Comments | Breakfast: |
| Lunch: | | | |
| Supper: | | | |

| | | |
|---------------------------|------|-------|
| Wildlife Observed: | What | Where |
| | | |

| | | |
|--------------------|------|-------|
| Good Turns: | What | Where |
| | | |

| |
|--|
| Evening Weather: Sky: <u>CLEAR, BROKEN, OVERCAST, STORM</u> Temp.: _____°C Wind: Direction: <u>N-NE-E-SE-S-SW-W-NW</u> Speed: <u>CALM, LIGHT, MOD., STRONG</u> |
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