



Winter Cub Camp

February 10-11, 2007

Camp Oskenonton



## Attendance

Name	Attending	Paid	Present
Barr, Warren			
Brennan, Meghan	Y		
Brown, Sean	Y	\$10.00	
Brown, Stephen	Y		
Brown, Harley	Y		
Cameron, Nicholas			
Catton, Sam	Y	\$25.00	
Collinson, Taylor			
Hitsman, Charlotte	Y	\$25.00	
Hitsman, Nick	Y	\$25.00	
Hood, Brook	Y		
Jackson, Samantha	Y	\$25.00	
Laprade, John	Y	\$25.00	
McFarlane, Cameron			
Pilon, Corinne	Y	\$25.00	
Reade, Alana	Y	\$25.00	
Ritchie, Devon	Y		
Savage, Lochlan	Y	\$25.00	
Snow, Grace			
Trusty, Mitchell			
Viau, Joel			
Watson, Molly			
White, Nathan	Y	\$25.00	
Yates, Heather	Y	\$25.00	
Yates, Laura	Y	\$8.33	
<b>Total</b>	<b>17</b>	<b>\$268.33</b>	

Name	Position	Paid	Qualification
McKay, Amy	Leader		
Cornelisse, Peter	Leader		First Aid
Jackman, Mike	Leader		First Aid
Sargent, Robert	Leader		First Aid
Yates, Allan	Leader		
Jackson, Murray	Adult	\$10.00	
Barney, Sarah	Adult	\$10.00	
Reade, Steve	Adult	\$10.00	
White, Wes	Adult	\$10.00	
Brown, Gary	Adult	\$10.00	
Jackman, Gregory	Scout		
<b>Total</b>	<b>11</b>	<b>\$50.00</b>	
<b>Grand Total</b>	<b>28</b>	<b>\$318.33</b>	

# Financial

Item	Cost	Notes
Food		
Oskenonton Camp donation	\$50.00	
Plaster	\$22.78	Plaster casts
Spray bottles (5)	\$9.46	Plaster casts
Straws (100)	\$1.36	Silly Olympics
Cheese sauce, dry, package		From Grenville Christian College
Propane (1 lbs)	\$0.00	
<b>Total</b>	<b>\$83.60</b>	
<b>Revenue</b>	<b>\$318.33</b>	
<b>Net Profit (Loss)</b>	<b>\$234.73</b>	
<b>Net Profit (Loss) / Cub</b>	<b>\$13.81</b>	
<b>Owed</b>	<b>Amount</b>	
Allan	\$83.60	
<b>Total</b>	<b>\$83.60</b>	

# Menu

Day	Meal	Menu	Ingredients
Saturday	Lunch	Macaroni and Cheese	Pasta, macaroni, elbow, 1+ kg
			Cheese, cheddar, 1 long block
			Cheese sauce, dry, package (1/4 for Nachos)
			Wieners, 3 packages
			Premium plus crackers, 1 box
	Supper	Beef Stew	Meat, stew, 6 lbs
			Potatoes, 24
			Carrots, baby, 4 cups
			Celery, 4 cups
			Onions, 4
			Beef stew mix, 4 packages
	Mug-up	Spicy Apple Cider	3 boxes (have)
			Marshmallows
			Nachos
			Nacho sauce, hot, 2 jars
Cheese sauce, 1/4 from Macaroni & Cheese			
Sunday	Breakfast	Bacon	Bacon, 4 lbs
		Eggs	Eggs, 3 dozen
		Oatmeal	Oatmeal, quick cooking, 1 bag (have)
		Toast & Jam	Sugar, brown, 1 bag (have)
		Hot chocolate	Bread, 2 loaves
			Jam, strawberry, 1 large jar
			Cocoa, 1 1/2 tins (have)
			Sugar, icing, 1 bag (have)
Snacks		Apples	Apples, green, 1 bag
		Fruit punch	Apples, red, 1 bag
		Cookies	Fruit punch powder, 19 litres (have)
		Coffee	Coffee, tin (have)
		Tea	Cream, 10%, 1 litre
		Milk	Tea, 12 bags (have)
			Cookies, PC Raisins First, 1 bag
			Cookies, PC Chocolate chip, 1 bag
			Milk, excess from snow ice cream

# Recipes

## Macaroni and Cheese

Cook macaroni and strain.

Slice weiners into small pieces.

Cook cheese sauce following instructions on bag (do not boil water!).

Stir 3/4 of cheese sauce and shredded cheese into macaroni.

Cook until cheese is all melted and wieners are cooked.

## Nachos

Combine and heat remaining 1/4 of cheese sauce and nacho sauce.

Pour over nacho chips.

## Beef Stew

Ensure fire has an adequate supply of coals.

Cut beef into cubes.

Put the beef in enough water to cover the meat and put the lid on the dutch oven and cook until the beef is tender.

Cut potatoes into chunks.

Cut celery into 1 inch pieces.

Add potatoes, carrots, celery, and onion, and cook until potatoes and carrots are tender.

Put in the gravy mixes and stir until well mixed.

You may want to add more water if desired.

Simmer for about ten minutes.

Take the dutch oven off the coals and serve.

Preparation time is 40 minutes.

## Schedule

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Who</b>	<b>Where</b>
Saturday	9:00am	Arrival at camp	All	Campsite
	9:00am - 9:30am	Store gear in cabin	All	Cabin
	9:30am - 9:45am	Opening, rules	All	Cabin
	10:00am - 10:30am	Gather firewood	All	All
	10:30am - 12:00pm	Activities	Cubs	All
	12:00pm - 1:00pm	Lunch	All	Campfire
	1:00pm - 2:00pm	Free time	All	All
	2:00pm - 4:00pm	Activities	All	All
	4:00pm - 5:00pm	Capture the flag	All	All
	5:00pm - 6:00pm	Supper	Cubs	All
	6:00pm - 7:00pm	Free time	All	All
	7:00pm - 9:00pm	Campfire	All	Campfire
	10:00pm	Brush teeth	Cubs	Cabin
10:00pm	Bed	Cubs	Cabin	
Sunday	7:00am	Wakeup	All	Cabin
	7:30am - 8:00am	Kit packup	Cubs	Cabin
	8:00am - 9:00am	Breakfast, wash dishes, brush teeth	All	Campfire
	9:00am - 10:00am	Closing	All	Campfire
	10:00am - 11:00am	Camp packup	All	Cabin
	11:00am	Parents arrive	All	Cabin
	11:00am - 11:30am	Complete camp cleanup	All	Cabin

Activities conducted will be determined based on the weather/snow conditions and camp environment.

## Rules

Stay with a buddy when off the campsite.

Wear a whistle at all times.

Turn in all matches, knives, and electronic equipment.

No penalty at the beginning of the camp, forfeiture if found later on.

Three whistles blasts multiple times if lost or in an emergency.

If lost, hug a tree.

First aid problems, use your survival kit or come see a leader.

Uniforms to stay on hanger (provided).

No food or drinks are permitted in the tents.

Return to camp upon hearing a whistle blast.

Ask a leader before leaving camp.

Stay away from the lake without a leader.

Wear a hat and mitts/gloves at all times outside.

## Activities

### Snow ice cream

Ingredients: 1 gallon snow, 1 cup white sugar, 1 tablespoon vanilla extract, 2 cups milk  
Needs clean fresh snow. Stir sugar and vanilla into snow. Then stir in just enough milk for the desired consistency.



### Plaster casts of animal tracks in snow

Spray track with a fine spray of water. Do this several times to build up a good coating of ice on the track. Place a cardboard ring around the track and hold in position with a paper clip. Mix plaster to pancake batter consistency. Tip: Mix snow with your water to reduce the temperature of the mixture. Pour into the track and allow the plaster to harden.

### Hike on ice

### Hike around camp

### Snowball fight

### Snow tug of war

Tug of war with a wall of snow between the two teams.

### Search for the Abominable Baloo

Cut two large foot prints out of exterior plywood (could also use snow shoes). Strap on these "feet" and tramp through the snow, backtracking and walking over ice to add to the challenge. Give the snowman a long head start then try to track him.

### Build snow shelters

### Maple syrup snow taffy

Pack snow into a cake pan. Boil maple syrup for about four minutes, or until it's 260F-270F. Drizzle over the snow and eat with a spoon/fork. Take it off the snow before it starts to melt.





# Silly Olympics

## String Eating

The string used is standard packaging string. The string should have a minimum of four strands, and be (in total) a minimum of 1 millimetre thick.

This is a good event to start the evening. Break the group into two equal teams (preferably guys and girls). Have them stand in two rows, opposite a partner. Take the pre-cut 5 metre lengths of string, and give one end to each partner. They put this end in their mouths, and put their hands behind their backs. On your call, they begin to "eat" the string, without the use of their hands. The winning couple is the first to touch lips.

Make sure that you have a bin or bag handy for the people to spit the string into at the end. It's pretty gross when its all chewed up!

## Eat three crackers and whistle

Marie biscuits are round, flat, "butter" biscuits, about 4mm thick and 6.5 centimetres in diameter. When soggy they tend to stick to your mouth.

This is a good combined event, where everybody participates, or you call for volunteers. Get the people to stand in a row, and give each of them three marie biscuits. On your command, they must eat all three, and the winner will be the first person to be able to whistle three different and distinct notes, without a flurry of biscuits coming out as well.

You will need a few judges here. When a person is ready to attempt to whistle, they must summon a judge, who will listen. The time is the time from beginning to the end of the third note

## Marshmallows in mouth

It is virtually impossible to standardise marshmallows, since hardness cannot be measured easily. But the best marshmallows are not "fluffy and light" nor are they bricks. Try to get marshmallows about 4cm long and 2.5cm wide (tubular).

This is a great combined event, and an old favourite. Just be warned that choking is a side effect of stuffing things into your mouth. Begin each contestant with 5 marshmallows.

## Seated "Chair" against the wall

This is an event for the real he-men in your youth group. There is no equipment required, except a blank patch of smooth wall.

Line up against the wall, with your backs right against the wall. Slowly move down the wall, "walking" your feet out, until you are in a sitting position - i.e. your thighs are parallel to the floor, and your knees are at a 90 degree angle. Your back should still be against the wall. Your hands should be on your thighs or knees. The winner is the last person who can remain in this position

Disqualification occurs when you lift a foot off the ground; when you touch the wall or floor with your hands; when you touch the floor with any part of your body other than your feet; when you move your back off of the wall completely, or when you scream out in pain and fall into a heap of muscle spasms.

# Silly Olympics

## **Push a matchbox across the floor**

You need an empty matchbox for each person and a hall (preferably carpeted). The matchbox must be empty, and is 5.2cm x 3.7cm x 1.6cm. In the hall, measure out a 20m track, which is as straight as possible. If your hall is less than 20m long, then go up one wall and along the adjacent wall - do not have more than a 90 degree turn in your track.

Contestants line up at the start, with their hands on the floor, and their noses on a matchbox which is on the floor. On your command they push the matchbox with their nose to the finish line. They are disqualified if they touch the box with anything other than their nose.

## **Holding a lit match**

Use a standard Lion match, 4.3cm long and 2mm square all round. Ensure that no-one tampers with the head of the match, which should be about 5mm long. This event should be held in an area that can take lit matches being dropped, that is fairly well ventilated, but has no draughts.

Each contestant lights a match and holds it as long as they can. When they drop it, or when the match goes out, their time is recorded.

## **Plastic straw Javelin**

Plastic straws, about 25cm in length, and 4mm in diameter are used. Try to find ones that don't have that bendy bit in the middle.

Contestants stand with their feet behind a line. They flip, throw, spin, toss the straws across an open space. The distance measured is where the straw ENDS UP (not necessarily where it lands) to the throwing line. Straws cannot be torn, bent, folded or changed in any other way. Note especially that nothing can be put inside the straw before it is thrown.

## **Coin Catching**

Take your hand, and place it palm upwards on your shoulder. Your elbow should now be pointing out in front of you. Take a pile of these coins and place them on the end of your elbow (you will find a nice flat spot there). Now pull your elbow down quickly and your hand over the top and grab the coins in your hand. Count the number of coins you managed to catch - this is your score.

Note that the coins can be piled in more than one pile on your elbow. Do this event in front of a wall, and move all furniture away, as coins go all over the place.

## **Standing Jump**

Contestants stand behind a line on the ground. Both feet must be behind the line. Without moving their feet before take off, jump as far forward as possible (i.e. no run up, steps, or any other foot movement before the jump). The distance from the line to the closest point that ANY part of their body touches the ground is the distance jumped.

## **Shoelace tying**

Individuals sit in chairs with a 24" shoelace on floor under the right or left shoe (depending on the contestant's "handed-ness"). At starting whistle, contestants must tie a knot and bow. When finished then must stand with hands in air, (this stops the timer).

The shoelace placed on the floor under shoe eliminates the need for everyone to wear shoes with laces.

# Equipment

## Camping

Item	Quantity	Location	Notes	Packed
Container, Water	3	Trailer	Full	
Cooler, drink	1	Allan	Full	
Container, Water	2	Allan	Full	
Flag, Canada	1	Scout Room		
Flag, Cub	1	Scout Room		
Lantern, propane	3	Trailer		
Matches, box	2	Allan		
Patrol boxes	2	Trailer		
Tank, propane, 1 lbs	8	Trailer		
Tarp	2	Trailer		
Twine, baler	1	Trailer		
Marshmallow sticks	30	Trailer		
Clothes hangers	30	Trailer		
First Aid Kit	1	Trailer		
Camera, film	1	Allan		
Chain saw	1	Allan		
Large pots	2	Allan		
Dutch oven	1	Mike		
Tobbogan	2	Allan		
Candy thermometer	1	Allan	Fluke digital, snow taffy	
Tow strap	2	Allan	In case a car gets stuck	

## Activities

Item	Quantity	Location	Activity	Packed
Snowshoes	2 pair	Allan	Free time + Abomidable Baloo	
Clothes pegs	1	Scout Room	Capture the flag	
Straws	30	Allan	Silly Olympics	
Paper plates	30	Scout Room	Silly Olympics	
String	100'	Allan	Silly Olympics	
Plaster of Paris	10 lbs	Allan	Plaster casts	
Thin cardboard strips	30	Allan	Plaster casts	
Paperclips	30	Allan	Plaster casts	
Scissors	1	Allan	Plaster casts	
Mixing containers (pots)	5	Allan	Plaster casts	
Milk	8 litres	Allan	Snow ice cream	
Icing sugar	2 bags	Trailer	Snow ice cream	
Vanilla extract	1 bottle	Trailer	Snow ice cream	
Maple syrup	1 litre	Allan	Maple syrup snow taffy	