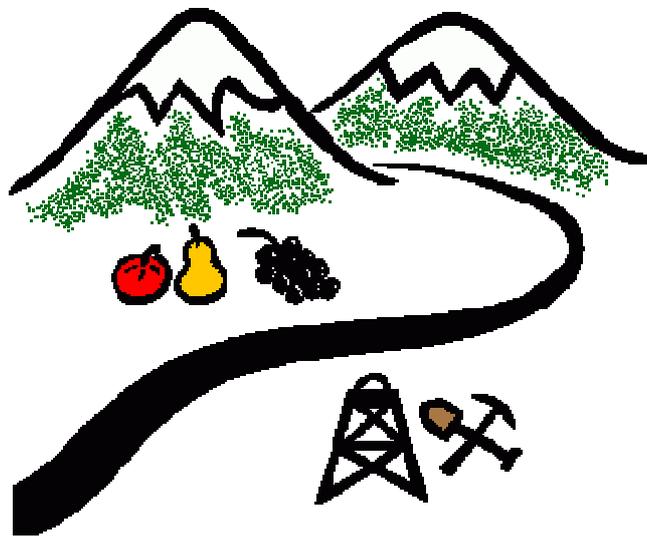


700+ Program Ideas for Rovers



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Murray Midlands Region Rovers

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700+ Program Ideas for Rovers is a tool to help you generate an interesting, balanced and fun program for your Rover Crew. This has been developed primarily through the Murray Midlands Region Rovers, as part of their 'Renew Your Crew' days, where they brainstormed program ideas. Some of these suggestions are country oriented, due to the group of people the suggestions came from, but there are many that are relevant to any Crew in Australia.

The list has been continually added to as more opportunities came to light. We now have the completed version with over 700 program ideas for Rovers – if you did one of these suggestions per week, you could program for over 14 years before you would need to repeat an activity! This is clearly not an exhaustive list, as the opportunities are really endless, but it is a comprehensive list, often with additional information or an explanation of the activity.

These suggestions have been sorted into categories, and alphabetical order to make it a bit more simplified for finding a type of activity. An activity could fit into several categories, such as 'building animal nest boxes' could relate to service, environment, or fundraising, but we have generally only placed it into one category. The sections are:

- Adventurous/Outdoor Activities
- Crafts
- Construction & Maintenance
- Environment
- Food, Drinks & Parties
- Fundraising
- Games & Stuff
- Health & Beauty
- Marketing & Promotions
- Media & Computers
- Other
- Scouting
- Sports
- Service & Spiritual
- Tours, Visits & Guests
- Training

It has been said that a good program is the key to a good Rover Crew. There are several ways you could generate a program, which are covered at the start of this document. Whichever method you use to generate your program, we hope that 700+ Program Ideas for Rovers helps you to get the most out of Rovers and the wonderful experiences there are available to you.

Yours in Rovers,

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How to make a Crew Program

There are several ways you can come up with a program that will suit the interests of your crew. Some methods suit crews better than others, so try them out and see which your crew prefer. Remember two things in making your program:

1. Does this Program suit the interests of our current members?
2. Is this Program interesting to encourage new members into the Crew?

Does this Program suit the interests of our current members?

In answering the first question, you need to make sure that every member of the crew has a chance to contribute to what they would like to do in the program, and also participate in the organisation and running of activities. Don't simply let the dominant people tell the other Crew members what the crew will be doing for the next six months. It may take some prompting to get input from all members, but it's worth it.

Is this Program interesting to encourage new members into the Crew?

If you only do one type of activity, every week, every month, every year, then the chances are you won't attract as many new members to the crew as you may if there is variety in the program. Rovers is largely about experiences and friendships. If the Program offers a variety of experiences, and ways to enhance friendships, or make new ones then it's likely to be successful.

How long to Program for?

Some crews like to Program for a month or two, but many prefer a six-month Program. This allows people to save up money for the bigger events, and ensures there is enough opportunity to put dates in the calendar, or ask for time off work if necessary.

Balancing the Program

As well as balancing the interests of the crew, there are a few other things to try to include in the Program. Ask these questions:

- Do you have any activities with the Venturers?
- Do you have any activities with the other sections?
- Are there any activities out in the public?
- Are there any outdoor activities?
- Is there any fundraising?
- Is it Fun!?!?
- Are all of the members involved in some way?
- Does it include important Region Rover Council or Branch Rover Council dates?
- Are there any service activities?
- Do you have business meetings?
- Is everybody in the crew happy with the program?

When the Program is finished

Once the Program is finished, type up a copy and give one to every member of the crew and the Rover Advisors. Give a copy to the Region Rover Council chairman and Assistant Region Commissioner for Rovers. Also, give a copy to your Group Leader if you're a Group Crew, or District Commissioner, and to each of the feeder Venturer Units. Put a copy up in the Crew Den and Scout Hall, and keep spare copies for new members or those who show an interest, and for the members who lose theirs!

Ways to come up with Program ideas

Brainstorming

Have a big sheet of paper or a whiteboard, and spend five minutes where anyone can call out an idea for an activity, and it is written up on the board. No one is allowed to pay out any suggestions, and everything should be written down. Stop every couple of minutes to see if there are any themes, or possible areas that aren't being covered, such as weekend activities or fundraising. Continue to Brainstorm until there is a decent sized list. Pick out the activities that people would most like to do and fit them into the Program calendar.

Development approach

Scouting is about developing the individual, which is why the Aim of Rovering is for all Rovers to get **PISSED**:

Physical

Intellectual

Spiritual

Social

Emotional

Development

The Rover Section also has the motto of 'Service'.

On five sheets of paper write the headings of each of these areas above. Have another sheet of paper with the heading 'Something I want to do'. Everyone has a texta or a pen, and writes three suggestions under each of the headings. When everyone has finished, each person has three stars they can 'spend' on activities under each heading they would most like to do. Once everyone has finished, pick out the activities that scored the highest, and fit these into the Program calendar.

Say & Do

If someone would like to do an activity, they say what it is and it's put into the Program calendar as an activity they organise.

Pick 'n' Mix

Each person provides five Program ideas. This can be done with members who may not be able to attend the programming night. All the ideas are written onto small individual pieces of paper, and drawn from a hat. These activities are then fitted into the Program calendar.

Way back when?

Have a look at some old Programs from several years ago that the crew has kept. Go through some of these activities and pick out the ones that sound good. Fit these into the Program calendar.

Random choice

Have 700+ Program Ideas for Rovers in front of you. Close your eyes, open a page, and point your finger. Whatever you land on is the activity you do! Pass the book on to the next person and continue until you have filled all of the dates in the Program.

ADVENTUROUS/OUTDOOR ACTIVITIES			
A	Abseiling	Acrobatics	
B	Bush Rally	Bungee jumping	Bonnet skiing
	Bonfire		
C	Camel rides	Caving	Camping
	Canoeing	Crew camp	Car Rally
D	Dart Camp	For more information, see	
E	Elephant Rides	Expeditions	
F	Flying	Four wheel driving	
G	Go Karts		
H	Hiking	Hang gliding	Horse riding
	Hot Air Ballooning		
J	Jelly Wrestling	Jumping Castle	
K	Kite Surfing		
M	Map/Compass	Mountain Bike Riding	
N	Night Hike	Nude Lake Run	Night Bike Riding
	NAVTRAC - Manibobar 4WD Navigation Event		
O	Orienteering	Orienteering Competition	
P	Parasailing	Paint Balling	Pistol Shooting
	Parascending		
R	Raft Race	Rally driving	Rafting
	Rail trails (bush walking along railway lines)	Rock Climbing Indoor/Outdoor	
S	Scuba Diving	Shooting	Snow Skiing
	Snorkelling	Sky Diving	Sumo Wrestling
T	Tree Climbing	Tobogganing	
W	Wind Surfing	Water Slide	
Y	Yachting		

CONSTRUCTION & MAINTENANCE			
B	Building a bar	Building a deck	Buggy
	Beer Can Sculpting		
C	Carpentry	Construction	Constitution Night
	Car fix it night	Can Sculpting	Concreting
	Community asset maintenance	Cardboard buildings	
D	Do It Yourself night		
E	Energy saving ideas around the home		
G	Gadget building		
H	Hall Clean Up		
I	Ice cream sculpting		
L	Lego Night		
M	Mechanics		
R	Renovate Cabin	Repair playground	Ropes Course – built and complete
W	Wood work	Welding	

CRAFTS			
A	Adventure book of your crew		
B	Badge Making	Balloon Animals	Banner Making
	Body Painting	Bonsai	
C	Candle making	Ceramics	Craft Night
	Cent Night	Clay	
D	Design and make crew flag	Drawing	Design Crew Logo
G	Graffiti	Garden ornaments	
H	Hobby Night		
J	Jewellery		
K	Kite making	Knitting	
L	Life Drawing	Lead Lighting	
M	Mask Making	Make a costume for MARB	Make a teddy bear
	Mosaics	Model trains	Miniature gardens
	Macaroni Night		
O	Origami		
P	Photography	Paint a mural	Plaster Fun House
	Painting	Photo board night	Pottery
	Paper Plane making	Photography of the stars	Paper Mache
	Pipe cleaner people		
Q	Quilting		
S	Screen Printing	Sewing	Straw Towers
T	T shirt printing	Tie Dying	Theatre
W	Watercolour drawing		

ENVIRONMENT			
B	Build animal nesting boxes		
C	Conservation		
D	DNRE - visit		
E	Environmental Studies	Environmental Games	ENVIROVER
G	Gardening		
M	Minimum Impact Camping		
P	Pioneering	Parks Victoria - visit	
R	Repair a walking track	Research Environmental issues	
S	Start up a 'Friends of...' group	Seed collecting	
T	Tree Planting		
V	Visit a Landcare group		

FOOD, DRINKS & PARTIES			
A	Alcohol hunt (as opposed to an Easter egg hunt) with tiny alcohol bottles.	Astronomy	Alphabet Soup
B	Bring your pet night	BBQ	B & S Ball
	Bush Tucker day/weekend	Bad Taste Night	Breakfast
	Brunch, the meal between breakfast and lunch.	Big Breakfast	Boat Cruise
	Bogong Winter Party	Banquet	
C	Chocolate drive	Cooking Damper Night	Culture Night
	Chocolate Making	Cross Dressing	Cray Fishing
	Café night	Cooking	Casino night
	Coloured Food night	Cocktail Party	Christmas party
	Christmas in July	Chocolate body painting	Can Cooking
	Casino night	Packets of paper money that you buy at the start of the night. You use the paper money to play various casino games; at the end of the night whoever has the most money wins a prize.	
D	Disco	Dress up party	Drinking games
	Dinner		
E	Easter Egg Hunt	Entertainers Night	
F	Formal dinner	Friendship party	Fondue night
	Fashion Parade	Formal dinner on street	Formal dinner at fast food restaurants
	Fish and Chips	Formal dinner in the graveyard.	
G	Gourmet Tour		
H	History theme night (eg. Roman, Greek, Medieval, Caveman, Dinosaur, etc)	Home Brewery	Halloween
	Healthy Cooking Classes	Health Food	Highland games, testing your strength in true Scottish form. Run a series of Scottish games.
	Hobos and Hookers		
I	International Moot	International Night. Bring food from different countries or dress up.	Ice Sculpting
	Ice Cream Sculpting		
J	Jungle night/theme party		
K	Kids party	Kris Kringle	Karaoke
L	Letter theme night	Lingerie Party (to sell)	
M	Medieval Night	Margarine/Butter sculpting	Mystery night
	Movie theme night	Music Night	Make a Pizza
N	Nude night	Night Beat	Newspaper fashion parade
	Night Drop		

O	Opposite party	Op shop party	
P	Pancakes on jam tins	Pancake night	Pool party
	Pyjama Party	Pizza night	PJ progressive dinner
	Pub Crawl	Prostitution Night	Port Bottling
	Progressive Dinner	Pie eating comp	Pub Golf
R	Rumba	Role Playing	Road trip
	Restaurant	Regressive Dinner	
S	Snow trip	60's, 70's, 80's theme night	Show and Tell
	Sausage Sizzle	Super hero night	Slumber party
	Sex trivia night		
T	Tin foil cooking	Tupperware Party	Take away competition (McDonalds crawl)
	Tinnie Trip	Tickle Your Fancy Party	Tea party
U	Ute muster	Underwear Party	
W	Wine shows	Water fight	Wine bottling
	Woodstock theme	Watermelon Rugby	Winery Crawl/Visit
Y	Yabbying		

FUNDRAISING		
B	Build animal nesting boxes	Sell them to local land care groups
C	Car Rally	Organise a car rally for your District/Community
	Car Wash	Organise a weekend car wash and charge people to have their cars washed by Rovers. Give them a 'helped by a Rover' sticker.
	Casino night	Packets of paper money that you buy at the start of the night. You use the paper money to play various casino games; at the end of the night whoever has the most money wins a prize.
	Charity ball	
	Christmas Trees	Buy Christmas trees at wholesale price and sell them to your group/district or the general public. For more information check out: www.daylesfordchristmastreefarm.com.au
	Chocolate drive	
	Chook Raffle	
	Clean up the show grounds	After your area has a local show, clean up the showgrounds.
	Concert	
	Craft market	Run a stall at the local craft market, or even run a craft market
F	Face Painting	Do face painting at on open day or a children's festival
	Fox drive	
G	Garage Sale	Run a garage sale at your hall, get all the rovers in your crew to bring along stuff that's no use to them anymore and sell it.
H	Highland games	Run a highland games festival with traditional Scottish/Irish games with an Aussie twist to them, instead of the hammer toss, the gumboot toss etc.
N	Night Beat	Run a night beat tour for the venturers in your area, the crews in your areas, or all the district leaders.
P	Paul's Collect a Cap	Get all the members of your crew or group to collect Paul's milk bottle caps and cash them in for money.
	Phonebook Drop	Deliver the Yellow/White pages phone books to people in your area, it's time consuming but can provide good money
O	Orienteering Competition	
R	Raffle	Run a raffle, have a selection of prizes on offer and the winner can choose the best one for them. Eg. \$100 petrol voucher, \$100 alcohol voucher etc.
	Recycling Centre	Collect recyclable bottles and can at major Rover events and cash them in for money. Offer to collect bottles and cans at other major events.
S	Sausage Sizzle	Run a sausage sizzle outside local supermarket/car dealership/hardware store when they are having a big sale or during a busy time of year.
	Slave for a Day	Auction off your crewmembers, group leaders, district leaders to be slaves for a day.

	Snow trip	Organise a snow trip for your crew and friends.
	Sponsorship Drive	
	Swap meet	Run a stand at the local swap meet
T	Trash & treasure	Run a stall at trash and treasure. Offer to clean up after trash and treasure.
	Trivia/Quiz Night	Run a trivia or quiz night for your group/district plus family and friends.
-	\$100 Raffle	

GAMES & STUFF			
A	Apple Cricket	Find some apples that are too old to be sold but still solid enough to be used as a cricket ball.	
	Assassins	An ongoing game where you have to try and "kill" (not literally) the other players in the game without being caught by the judge. Look it up on the internet www.google.com	
B	Bobs and Statues	Bingo	Ball games
	Board Games	Bigger & Better Night	Beer in a haystack
C	Chubby Bunnies	Card chase - find one card and it has directions/clues to the next card on it	CB Chase
	Cardboard Classic	Card games	Celebrity Head
	Capture the Flag	Chess	Chalk Chase
	Carpet Bowls	Counting game	
D	Dark zone		
E	Eye Spy		
H	Horizontal bungee	How to host a murder	Have You Ever
I	'I'm having a party...' word game	Someone is having a party and each player has to bring a certain item to be allowed to come to the party. Eg. My name is Robert and I'm having a party, I'm going to bring a rabbit. R for Robert = R for rabbit. Etc. There are many variations.	
J	Jumping castle		
K	King Frog		
L	Laser Force		
M	Musical Chairs	Monopoly	
P	Play night	Photo scavenger hunt	Pictionary Night
	Pitch a tent competition – literally pitch a tent in as many different places as possible	Pool/snooker night	Penny Hike
R	Remote Control Car	Rubbish Bin Rowing	Red Faces
S	Sticker chase	Slot cars	Sand castle building competition
	Scavenger Hunt	Sumo wrestling	Twilight Games
T	Trivial Pursuit	Toilet paper mummies	
W	Watermelon Rugby	Wide Games	Wheelie Bin Racing

HEALTH & BEAUTY			
A	Aerobics		
B	Body Balance	Body Painting	Beauty Salon
	Body Art, Tattoos and Piercing		
C	Callisthenics	Chocolate Body Paint	Candle making
F	Facial night	Face Painting	Fashion Parade
G	Gym		
H	Hairdressers	Health Food	
M	Make up night	Mud and Scrub	Massage
P	Pamper night		
R	Relax classes	Rest and relaxation camp, Hepburn Springs	Running
S	Swimming	Soap Making	Stress relief
T	Taibo	Tae kwon do	Ti Chi
Y	Yoga		

MARKETING & PROMOTIONS			
B	Bbq and games night with University students	Bring a friend night	
C	Community promotions		
H	Hoadley Hide		
I	Interchange Magazine		
L	Local newspaper		
M	Mudbash	MARB	
O	O Week activities		
P	Put flyers and posters in shops around your area	Present at high school career sessions	Photo board night
R	Run a session for a holiday program	Radio – put adds on radio or host a top 20 count down for a night	
S	Schoolies Week	Surfmoot	Sandown
	Scout Magazine		
T	TELL PEOPLE ABOUT ROVERS!!!!!!!!!!!!!!		
V	Visit high school	Vic Gathering	

MEDIA & COMPUTERS			
A	Amateur Video Night		
C	Computers		
D	Documentary night	Drive in Movies	
G	Gun simulator		
I	Internet night	Internet games	
M	Movies	Movie marathon	Monty Python Night/Movie Marathon
	Multi Player computer games		
N	Nintendo/play station night		
O	Olympic Dream Night		
P	Photo board night	Photography	Photo Scavenger Hunt
S	Simpsons Marathon		
U	Underground film festival		
V	Video/DVD Night	Video games	Video Scavenger Hunt
W	Website development		

OTHER		
B	Brainstorming	Exercise for coming up with ideas and suggestions, where you devote 5 minutes to a topic and write down on a big sheet of paper anything people say. Good for Programming.
D	Debate	Split the Crew into two teams and give them a topic to debate. A couple of examples are: "Women are superior to men (and get opposite sex to argue point)" "Squire Training is outdated". Challenge another Crew or Venturer Unit to a political debate night.
G	Ground hog day	Hire out the Movie and recreate your own Ground Hog Day
H	House Sitting	Look after someone's house whilst they're on holiday.
I	Ice Blocking	Get some big chunks of ice and a grassy hill and slide down it!
L	Loch Ness Monster	Find the Loch Ness Monster.
O	Ouija Board	Are there any ghosts in your hall?
P	Programming	Using this list of program ideas, if you do one of these activities each week, you could program for over 14 years without repeating anything!
R	Rural street addressing	Plot some local landmarks using Rural street addressing techniques.
S	Star gazing	Ponder the night sky.
	STD night	Have a health worker talk to the crew about Sexually Transmitted Diseases.
	Stickers night	Develop Stickers for your crew or swap your stickers collection.
V	Valentines Day	Get Romantic and have a crew candlelight dinner and write each other warm fuzzies.
W	Watch sunrise	Get up early, climb a mountain and be inspired.

SCOUTING		
A	Armstrong 500	Venturer hiking competition held in Yarra Valley Region, similar to Hoadley Hide held start of September.
B	BP Award presentations	Presentation at Government House. First Saturday in October
	BP Night	Teach your crew about the BP Award, what it is, the different badges you can get, how to do it, examples of what other people have done.
	Branch activities	See Branch Fixture Card http://www.vicscouts.asn.au/Rovers/
	Business Meeting	Coordinating meeting for the crew
C	Constitutional amendments	Make and review crew constitution
	Crew Break Up	End of year party/get together
	Crew Challenge	Activity challenge with another crew(s)
	Cub for a night	Rover Crew participate in local Cub Pack activities as a cub for the night
D	District activities	Participate or run activities within the district
E	Ethical Training	Discussions on Rover and Scouting ethics
F	Formula bike	Annual bike marathon event held at Sandown Race Course during start of May
G	Gang Show	Annual Scout Theatre Activity, during June. http://www.gangshow.org/
H	Hoadley Hide planning	Plan a stunt for Hoadley Hide
	Hoadley Hide	Annual Venturer hiking competition with stunts predominantly run by Rovers. Held over the Easter Long Weekend. www.hoadleyhide.com/
I	Initiative Course	Venturer Activity run by Rovers, requirement of the Queen's Scout Award
	International Moot	International gathering of Rovers. E.g. World Moot to be held in Taiwan 2004, Tassie Moot to be held in Tasmania 2004-5.
	Inter Crew activities	Combined night with another crew.
J	Jamborees	Major International Scout Event, held every 3 years.
	JOTA/JOTI	Jamboree Of The Air/Jamboree Of The Internet. Opportunity for communication between Scouts around the World.
M	MARB	Metropolitan Area Rover Ball Annual Fancy Dress Ball held in Melbourne in July with varying themes
	Moots	A large gathering of Rovers usually over several days E.g. Surfmoor, New Zealand Moot, Tassie Moot
	Mudbash	Annual Rover Event held over the Queens Birthday Weekend at Mafeking Rover Park http://www.rovers.scouts.com.au/vic/mudbash/
Q	Queen's Scout presentation	Presentation at Government House. First Saturday in October
R	Region Meetings	Weekend/Weeknight meeting to coordinate the running of the region, sometimes associated with an activity

	Region activities	Activities run by the region
	Renew your crew days	Activity held by Murray Midlands Region Rovers to identify issues and formulate plans for individual crews within the region
	Hoadley Roventure	Run by Hoadley Region to promote interaction between the Rovers and the Venturers in the Region.
	Rovers vs. Leaders, Venturers, Scouts, Cubs, Joeys	Challenge between Rovers and other sections
	RYVER Moot	Annual Event run by RYVER Region with varying themes
S	Scouts Own	Time of Spiritual Reflection by Rovers or Scouting members in general
	Squire Training	The training and development of Squires within the crew
	Surfmoot	Annual Rover Event held by the beach at Eumeralla Scout Camp (Anglesea) on Australia Day Weekend. http://www.rovers.scouts.com.au/vic/surfmoot
	St George's Day Service	A Church ceremony dedicated to St George, held in Melbourne, includes guest speakers. May 9 th
T	Training courses e.g. Basic training, advanced training, wood badges, TASC etc.	Formal training qualifications for Rovers, especially useful for people holding positions within committees or councils. http://www.vicscouts.asn.au/Rovers/LeaderStuff/
V	Venture	Major National Venturer Event, held every 3 years. See the Victorian Branch Venturer Web page for more information
	Vic Gathering	Annual Venturer social and activities weekend in Victoria staffed largely by Rovers

SERVICE & SPIRITUAL		
A	Activity with disabled	Help out with some disabled people. There are information sessions to help integrate disabled members into your crew. Contact Branch Rover Council for more information
	Agricultural shows	Tractors, Trees and woollen garments. Heaps more to see at these shows. Contact country shire councils
	ANZAC day	26 th April is ANZAC day, and a great time to get your uniform on and participate in the parade carrying banners for the diggers. Participate locally or in the Melbourne march.
B	Ballarat Begonia Festival	Annual week long festival held in the start of March in Ballarat. Always looking for volunteers to do various tasks.
	Blood donation	1 donation can help 3 lives. Make it a crew donation and let them know you're Rovers to help us win the annual summer blood challenge
	Books	Read a book as a Crew and analyse it. Explore the different effects that it had on different people, and the different ways that each person viewed events and characters.
	Branch Rover Council Service Activities	Each year BRC have an annual service activity. 2003 & 2004 have been devoted to Oxfam Trailwalker, a Community Aid Abroad 100km walk in 48 hours to raise money for disadvantaged communities overseas and in indigenous Australia. April.
	Build animal nesting boxes	Help out the little creatures that depend on hollows, and put them up at your local Scout camp, or patch of bush. There are books in the library which can help with dimensions or contact Department of Sustainability and Environment on http://www.dse.vic.gov.au/
C	Car Wash	Offer to wash people's cars for free
	Careers Night	Either for Venturers or for a local high school. Utilise the different vocations of your Rovers and Leaders, eg. Students, apprentices, managers, etc.
	Cemetery face-lift	Contact the cemetery grounds keeper and weed out some of the graves that aren't maintained
	Cleanup Australia Day	Clean up the rubbish dumped across Australia. www.cleanup.com.au/
	Committees	Join a scout committee, band or outdoors Scout team such as abseiling or rock climbing.
	Community asset maintenance	Contact the local council to see what projects you can help with, such as a local park or landmark
	Crew Service Activity	Come up with a service project which is meaningful to your crew
F	Food Drives/Clothes Pick Ups	Help out on community food drives/hand outs or clothes pick up runs for groups such as the Salvation Army and Red Cross.

G	Ghosts and Fortune Telling Night	Get in touch with the super natural world for a night, either do some research into it yourself or invite an expert along.
H	Hall Clean Up	Maintain the hall and surrounds. Do the gardening or give it a coat of paint. Always things to do
	Harmony Day	Wear orange or wrap a major landmark in Orange Plastic to help promote harmony between different cultures in Australia. It is run on March 21 st annually. See http://www.immi.gov.au/multicultural/harmonyday/
	Hawker's Market	Annual fundraising event for Mafeking Rover Park as part of the food and wine festival. Cleaning up of dishes and tables.
	History Book of your crew	Keep a record of all service activities and other activities the crew does.
L	Local Library	Offer to help out at your local library, Information Centre or another community facility.
M	Mafeking Working Bee	See fixture card for dates to help maintain and develop Mafeking Rover Park – your asset.
	Make your own religion	Split up into groups and create a new god and a religion to go with them.
	McHappy Day	Help out with raising money through McHappy Day on the 18 th of May. \$1 from every Big Mac sold at McDonalds goes towards the Ronald McDonald House of Charities.
	Meals on Wheels	Help out in the kitchen or help deliver food to the needy.
	Mind Map	A very private and personal exploration of who you are - good points and bad points, where you are now, what you have achieved, what you would like to achieve and what you can achieve soon.
	Mosque	Visit a Mosque and learn about another religion
	Murray Darling Rescue	Scouts Australia service project to plant native trees in the most salinity affected areas of the Murray River and Darling River catchments. See www.murrayriverrescue.com
O	Oxfam Trailwalker (VIC BRC Major Service Activity)	100km in 48-hour activity that raises money for disadvantaged communities overseas and in indigenous Australia. April.
P	Pay it forward	Hire the movie 'Pay it forward' from the video shop and try putting the concept into action with your crew members. Pick a month to 'pay it forward'. Help three people in a way they couldn't help themselves, and then they help three other people etc.
R	Red shield appeal	Help raise money for the salvation army during end of May till the start of June. Also see the website at: www.salvationarmy.org.au/RedShieldAppeal/
	Region Service Activities	Murray Midlands Region Service Activity is to help out a different Scout Camp each year. Other Regions have their own activity such as South Metro's Toy Drive at Christmas.
	Remembrance Day	11 th of November marked the end of World War 2. Participate in the services on this day.

	Rotary & T.A.C. 'Tea/Coffee Break' Scheme	Assist in the running of the Rotary and T.A.C 'Tea/Coffee Break' stops on major highways around Victoria.
S	Seed collecting	Contact the local Landcare group and collect some native seeds for future plantings. Often best in summer.
	Sensory Awareness Night	Make people think about what it would be like to live without different senses and aspects of themselves. Take a sense away from them, sight, speech, hearing, movement (paraplegic, quadriplegic) and then experience how their other senses are heightened.
	Service clubs	Have a combined activity with another service club such as Freemasons, Rotary or Lions etc.
	Silver Spoons	Collect silver spoons for Africa to assist with hygienic distribution of medicine. Combined activity with Rotary.
	Squire Training – Ethical	Can be developed into a very spiritual activity.
	St Georges Day	Service held in Melbourne to celebrate the patron saint of Scouting. May.
W	Weed removal	Weeding in a local park, Scout camp, or the garden of an elderly person who is unable to do it themselves.
	Working Bees (hall/ group/ community/ Scout parks/ disaster areas)	Pitch in and help out in the physical maintenance of community assets. Rover Den, Venturer Den, Scout Hall, Group, Community Groups, Scout Parks, Disaster Areas, Local Primary or Secondary Schools.
	World masters games	Various games which anyone is able to compete in
	World's Greatest Shave for a Cure	Shave or Colour your hair and raise money for research into Leukaemia and Cancer. March. See www.worldsgreatestshave.com/

SPORTS			
A	Aerobics	Archery	
B	Bike Hike	BMX Day	Badminton
	Billy cart derby	Body Balance	Boche
	Bunny bashing	Ballroom Dancing	Blindfold Cricket
	Beach volley ball	Bowling	Boxing
C	Callisthenics	Cross Country Skiing	Crew Football comp
	Croquet	Cricket	Crazy Golf
	Community sports		
D	Drag racing	Darts	Downhill Skiing
F	Fishing	Figure Skating	
G	Golf	Gym	
H	Hockey	Highland games	Hackie Sack
	Harness racing		
I	Ice Hockey	Ice Skating	
K	Kite flying	Kayaking	Kick Boxing
L	Lawn bowls	Line Dancing	Lawn Mower racing
M	Martial Arts	Mini Golf	Midnight Bowling – midnight till 6am at the bowling alley with an ice-cold esky.
	Marathon running	Mud Wrestling	Mini Olympics
P	Physical Challenges	Polo	
R	River Water sports	Roller Blading	Roller Skating
S	Surfing	Swimming	Spotlighting
	Small Bore Pistol	Sports Round Robin	Sailing
	Skiing	Snow ball fight	Skateboarding
	Squash		
T	Tubing	Ten pin bowling	Tennis
	Taebo	Table Tennis	Tae kwon do
	Triathlon		
U	Under Water Hockey		
V	Volleyball		
W	Winter Games	Water aerobics	Water Polo
	Wake Boarding	Watermelon Rugby	Wood Chopping
	Water Skiing	Wrestling	

TOURS, VISITS & GUESTS		
A	Aboriginal sites	Contact Parks Victoria to locate sites and information
	Aboriginal visitor	Invite someone from a local indigenous co-operative to the crew for a night to talk about their history and culture.
	ADI visit	Defence, engineering and systems contractor in Benalla
	Agricultural shows	See local paper/local council for information
	Air cadets	Youth movement similar to Scouting based on Air force training. See local phone book for more information/details
	Airport tour/customs	Melbourne Airport or local airport
	Alternative farming expo	See local paper/local council for information
	Ambulance Tour	Contact local Ambulance Offices/Hospital
	Aquarium	Melbourne Aquarium, South Bank
	Army cadets	Youth movement similar to Scouting based on Army training. See local phone book for more information/details
	Art gallery	See Melbourne/Local phone book or Council
	Art shows	Check local newspapers, universities, art galleries
	Astronomy	Hire a book from local library and take the crew out a night of stargazing somewhere away from the city, or learn more at the Melbourne Planetarium. Visit http://www.museum.vic.gov.au/planetarium/links1.html
	Australian Open	Major Tennis Event held in Melbourne http://www.ausopen.com.au/
B	Ballarat Begonia Festival	Major weeklong Festival held in Ballarat in March to celebrate the begonias.
	Ballet	Check local/Melbourne theatres for details
	Band	Visit local/live band. Invite band to perform/teach crew about performing and music
	Bank visit	Arrange a tour of a local bank. Invite a bank manager/worker to the crew for a night
	Beach trip	Go to the beach
	Beauty Salon	Pamper yourselves for a night
	Beechworth	Visit Beechworth (excellent Bakery, great apple juice)
	Blind Home visit	Check local phone book for more information and details
	Blood on the Southern Cross at Sovereign Hill	Sound and Light show held at Sovereign Hill in Ballarat that reproduces the Eureka Rebellion
	Brewery	Experience the brewing process of beer
	Brucks	Woollen Mills in Wangaratta
	Bus Tour	Hire a bus and go on a tour of attractions in Victoria/other states
C	Caravanning	Hire a caravan and take a trip around your region, Victoria, Australia
	Casino night	Visit Crown Casino in Melbourne or your local casino.

	Cemetery	Take a walk around the cemetery in the dark. Have a quiz to complete while you're there. Formal dinner in the cemetery (check with manager first)
	CFA tour	Look in White Pages for contact details
	China town	Have a meal in Melbourne's China town
	Circus	Visit the Circus if it tours town, or find one in Melbourne
	Coast Guard visit/tour	Look in White Pages for contact details
	Comedy Festival	Annual Comedy Event held in Melbourne. See www.comedyfestival.com.au/
	Concert	Local or Big Name Concert visit
	Cricket	Visit Local or MCG game
	CUB (Carlton united breweries) tour	Brewery in Melbourne See http://www.cub.com.au/
D	Dairy Farm	Find out how Milk is made
	Day Spa	Visit Hepburn Springs in Daylesford or check your local phone book
	Deaf Home visit	Check local phone book for more information and details Learn sign language the week before you go
	DSE	Department of Sustainability and Environment (formerly Department of Natural Resources and Environment)
	Drug Night	Get local Health Care Worker to discuss with the Crew issues associated with various drugs
	Drug Squad	Visit the Drug Squad through Police Department
E	Echuca visit	Explore Echuca including Dharnya Centre at Barmah Forest, Paddle Steamers, Murray River etc.
	Eildon Weir	Explore Eildon Weir
	Employment agencies	Contact local employment agencies and find out how to get a job, handle an interview and write resumes etc.
	Ettamogah Pub	Visit Ettamogah Pub in Albury
	Exotic Destination	Visit a cultural centre different to your own
F	Factory Visits (eg. SPC, Cheese, Mustard, MARS, Haku Baku, etc.)	Look in local phone book and contact to see if they do tours
	Farm visit	Find out how a farm works
	Fauna park	Visit fauna parks, e.g. Healesville Sanctuary, Werribee Zoo
	Festival Square (Melbourne)	Heaps of stuff to do here, e.g. restaurants, theatres, festivals, Victorian art gallery, pub etc.
	Flower shows	Contact local Council
	Football	Visit local match or Melbourne AFL game
	Funeral Parlour	Take a tour and see how it operates
	Flemington Racecourse	Visit Flemington Racecourse first thing in the morning when all the trainers are out. Go and see an actual race.
G	Glenrowan visit	Contact Visitor Centre in Glenrowan
	God Squad - Visitor	Christian Motor bike group
	Gold Mine Tour	Central Deborah Mine in Bendigo
	Grand Final AFL/VFL	Get tickets, or apply to be a part of the half time performance

	Grand Prix	Formula 1 event in Melbourne in October. See http://www.grandprix.com.au/ or Motor bike event in Philip Island in October http://www.grandprix.com/
	Great Southern Swap Meet	Computer equipment swap meet in Ballarat. There's also regular swap meets held in Melbourne
	Guest speaker	Invite a Guest Speaker which your crew has shown interest in
H	Hairdressers	Visit a hairdresser and see how they operate. Get everybody in the crew to have a haircut or colour his or her hair while you're there.
	Half price Tuesday	Find out what businesses are running half price Tuesday deals and plan a night around that. Go out for a cheap meal, then a cheap movie or cheap game a bowling
	HAM radio	CB Radio, talk to other people. Build your own radio.
	Healesville	Plan a day/weekend trip in Healesville. Visit Healesville Sanctuary, Eastern Victoria. See the http://www.zoo.org.au/visiting.cfm?zoo_id=2
	Health Centre	Cleanse the mind and body at a health centre for the night/day/weekend. Health Centre is a gym but with more facilities and features. Daylesford.
	Health Services night	Find out what health services are available in your area. Invite them to talk to the crew or plan a visit to see them.
	Hepburn Springs	Small town 5 minutes out of Daylesford. It has lots of health resorts and massage centres. Also visit Hepburn Springs and taste pure natural spring water.
	Horse races	Plan a night for the crew at the horse races.
	Hospital	Organise to do a tour of local hospital, see all the wards and different sections and find out how they operate. Invite some hospital staff to talk to the crew for a night.
	Hughes Creek	Explore Hughes Creek region, around the Mafeking area, near Seymour.
I	IMAX Theatre	Visit an IMAX theatre and be amazed! IMAX theatres boast massive screens, bigger than you average movie screen, much bigger!!! They play a variety of films and documentaries. Organise a backstage tour of the cinemas.
	Interstate trip	Plan a trip to another state or several other states. Get in contact with the Branch Rover Council of the state/s you're visiting and organise to stay with other crews. Could be used as a ramble badge towards your BP.
	Invite the DC to a night	Get the District Commissioner to outline their role and their history in scouting, or just bring them along for a bit of good old fashioned Rover fun.
J	Journalist night	Invite your local newspaper to the crew for the night, get them to talk about what putting together a newspaper/magazine involves. Possibly start your own crew newspaper. Learn how to write up articles to go in the local paper/Interchange/Scout Mag.
L	Lake Eppalock	Take a visit/weekend camp to Lake Eppalock. Water activities or bushwalking. ½ hour East of Bendigo, VIC

	Landcare Groups (Conservation Volunteers Australia, Friends of ... Groups)	Invite them to talk to the group. Get involved in activities that they are running. Run an environmental weekend for your crew with a range of different environmental activities
	Light horse park	
	Local council	Sit in on a session of your local council and learn about issues in your areas.
	Local MP	Get your local Minister for Parliament to talk to the crew about youth issues in your electorate.
	Local university	Take a tour of the local university. Visit their clubs and societies group. Plan a promotional event at the uni to recruit new members.
M	Mafeking	Take a trip to wonderful world that is Mafeking Rover Park. Explore the wonders that this park has outside of the main arena, including bushland, BMX track, and firewood plantation. See http://www.rovers.scouts.com.au/vic/mafeking
	Major events (e.g. Big Day Out, St Kilda Festival, Moomba)	Check out the Gig Guide in the Age or the Melbourne City Council http://www.melbourne.vic.gov.au/
	Mayor	Invite the Mayor of your town to come along to Rovers for night and talk about the roles and responsibilities of being Mayor.
	Melbourne	Melbourne is full of things to do! The list would be endless! Contact the Melbourne Information Centre for more info
	Melbourne Cup	1 st Tuesday in November. Get dressed up for a day at the races!
	Moomba	Moomba festival is great fun in March.
	Morgue	Take a tour of the morgue.
	Mosque	Visit a mosque for a night and learn about another religion.
	Museums	Fill your mind with the experience of museums, art, natural history, military, local or national.
N	National Parks tour	National Parks are perfect places for a Crew trip. Everything from the Desert to the Alps and all in between. See www.parkweb.vic.gov.au
	Newspaper visit	Take a tour of the production line for a newspaper from the reporters to the printers and distributors
O	Oakes day – Melbourne Cup	Ladies day at the races. Part of the Spring Racing Carnival
	Op shop tour	Find some bargains at your op shop and then have an op-shop dinner afterwards
	Opera	Try some cultural awareness with a visit to the Opera
	Orchestra	Melbourne or local orchestra
	Other Section visits (Joeys, Cubs, Scouts, Venturers)	The younger sections of the Scout movement are the next generations of Rovers. Have a combined activity and have some fun with them.
	Overnight stay at the zoo	Melbourne Zoo sometimes offers overnight stays

	Overseas trip	A crew activity, Moots and Jamborees are a perfect opportunity to experience another country and get to know some overseas Scouts. Contact Branch Rover Council for current opportunities
P	Parades	Join your crew into a parade
	Parks Victoria	Contact Parks Victoria for some information on natural attractions of Victoria. www.parkweb.vic.gov.au
	Planetarium	The planetarium in Melbourne can amaze you with a spectacle of the stars
	Play it Safe by the Water	Group that teaches kids about water safety
	Police Accident Squad	Have a presentation from the Police Accident Squad
	Police Station Tour	Tour the inside of a Police Station – the right way!
	Politician visit	Ask your local politician to talk to the crew
R	Puckapunyal tour	Army base near Seymour
	RSPCA	Visit the RSPCA and see the animals which have been injured, lost or abandoned
	Radio station tour	Visit your local or a major radio station for a behind the scenes tour. Get them to do an interview of your crew to play on air.
	Rail heritage workshop	Find out how to maintain an old steam train. Belgrave in the East of Melbourne has Puffing Billy, an active historic steam train
	Rialto	See Melbourne from the tallest building in the city
	Ride escalators at Myers	Up and down, up and down
	Rover chalets	Baw Baw Chalet and Bogong Chalet are two amazing assets owned and run by Victorian Rovers. Perfect for exploring the alpine high country in summer or winter. See http://www.rovers.scouts.com.au/vic/bogong http://www.rovers.scouts.com.au/vic/bawbaw
Royal Melbourne Show	Lots of fun things to do and see, including an annual Scout Display in this show held in North Melbourne in September School Holidays. See: http://www.royalshow.com.au/index_flash.htm	
S	ScienceWorks Museum	ScienceWorks Museum is a fun, interactive museum to learn about Science in Spotswood. http://www.scienceworks.museum.vic.gov.au/
	Seniors Home Visit	Visit a Seniors Home and sing them some songs or entertain them, then have a chat with some of the individuals
	SES tour	State Emergency Services deal with accidents and disaster relief and have some pretty cool equipment and stories
	Sewer Tour	Many cities have underground sewers and drainage pipes that can be accessed and walked through. Be very careful with this, and contact your local Council first
	Seymour cup	Horse Race in Seymour
	Shire tour	What's in your local shire? Make a checklist from the information centre and explore your home town
	Shire works unit	Become a shire council worker for a day

	Shopping trip	Save up some money and go splurge! A twist on this can be to see who can come up with the greatest volume of goods for \$2.00
	Shrine Of Remembrance	Participate in the services held at the shrine of remembrance, or get someone from the RSL to give you a guided tour
	Shrine of the Unknown Solider	This shrine is in Turkey, and is an exceptional experience on ANZAC Day
	Snow trip	Have fun at the snow! Many good places within 2 hours of Melbourne
	Sovereign Hill	This old gold mining town will take you back in time to the Gold Rush of the 1800's
	Sporting events	Cheer on your local team
	Spring racing carnival	Annual racing events. Great to get dressed up for!
	St Georges Lake (Ballarat)	
	State Parks tour	Great places for a crew camp. Contact Parks Victoria for more information: www.parkweb.vic.gov.au
	Steve Moneghetti	Ask Olympic Marathon runner Steve Moneghetti to talk to the crew about his experiences (local to Ballarat)
	Surf Life Saving	Participate in the activities of a training session with the Surf Life Saving Club
	Surgery Visit	Take a tour of the inside of a surgery
T	TAB	Each crew member gets \$5 to bet on the TAB
	Toast Masters	Group that assist in public speaking
	Tourist activities	Be a tourist! Contact information centre
	Tower Tour	Take a night tour of all the lookout towers in your local area
	Train Trip	Ride the V-line train to a distant destination. The journey can be as much fun as the destination!
V	VicRoads	Get an inside tour of Vic Roads
	Visit an eco-lodge	Spend a weekend in an eco-lodge
	Visit other religion	Participate in a service from another religion
	Visit with Guides	Have a joint night or camp with our 'sister organisation'
	Visitor - Youth Work	Ask a Youth Worker to talk to the crew about their experiences and issues which are faced by local youth
W	Wool Mills	Discover the operations of a Wool Mill
	Werribee Park	This open plan Zoo has a variety of animals and birds
	Win TV tour	See the behind-the-scenes operations of Win TV
Z	Zoo visit	Explore Melbourne Zoo for the day

TRAINING		
A	Advanced Training Course	Leader of adults course for Rovers. Wood Badge training, must have completed Basic Sectional Techniques Course prior.
	Adventurous Activity - Branch Activity Leaders	Various outdoor adventurous activities including Water Activities, Snow Activities, Rock Activities, bushwalking and 4WDing.
	AFL footy club training	Check out the practise training that the AFL clubs do, and try to copy them one night with the crew.
	Australian Animals - research	Discover the many diverse creatures we share Australia with. Contact your local field naturalist club, Parks Victoria or library to see if they have any sessions coming up.
	Australian History – research	Research the many stories of Australia's past. Contact you local historical society to learn about local history.
	Australian Plants – research	Discover the many diverse plants we share Australia with. Contact your local field naturalist club, Parks Victoria or library to see if they have any sessions coming up.
B	Back to Basics Camp	Have a camp where you only have the bare minimum of gear and food. Test your Scouting skills to erect a shelter and camp overnight.
	Ballroom Dancing	Check your local phone book for clubs
	Basic Training Course	Course directed at Crew Leaders or those wanting to take on a role in Rovers.
	Bronze Medallion	Enhance your swimming and life saving capabilities
C	CFA training	Learn how to protect property and lives from fire
	Commando / assault course	Tackle the commando course at many of the Scout camps
	Complete Crew Package	Murray Midlands package taking Rover Crews through everything they need to know about running an effective crew
D	Dance lessons	Can you do an evening three step? Break dance? Latin? Tap? There are many classes that can teach these.
	Deaf alphabet	Learn to sign. This useful tool can be found in the Scout Handbook.
	Defensive Driving	Think you're a good driver? Look in your phone book and enrol in a defensive driving course, and surprise yourself!
	Duke of Edinburgh	Award similar to the QS award. See http://www.dukeofed.org.au/
E	Envirover	Course held at the end of November based on the World Conservation Badge for Rovers. Covers many environmental topics and activities. See Fixture Card
F	Family tree - research	Find out who your Great-great-Grandparents were and what they did. Present your stories and tree to the crew.
	First Aid	There are many Level 2 first aid courses run through Scout First Aid, or St. John's. If you have this, take the next step and try Remote Area or Wilderness First Aid.
	Foreign language	Learn a Foreign Language then test it out at the next Moot!

H	History Night (group, crew, town, region)	Research the history of Scouting in your Region.
I	Initiative activities/ team building	Initiative course is held run each year for Venturers. Many Scout Camps have Initiative courses also.
	Initiative Course	Course held for Venturers each year as part of their QS Award
	Intro to Scouting	Back to basics introduction for anyone wanting to be a leader.
K	Knots	How many knots can you tie? Bowline, Clove hitch, Reef, Sheet bend, Sheepshank, Granny, Splice, Round-turn and two-half-hitches?
L	Lead Rock climbing	Be able to do outdoor rock climbing and know how to safely place protection and climb safely.
	Learn a musical instrument	Contact a local music school for tips on learning an instrument
M	Map/Compass	Can you read a topographic map, walk a compass course without a map, or orient yourself in a white out? There are many books around, or contact the Scout Bushwalking Team.
	Massage	Learn the tips of massage through short courses. See your phone book.
O	Orienteering	Bush navigation racing. Contact your local council for information on clubs.
R	Religion	Take your Religious understanding to a great level, or experience those of a different faith.
	Rover Mind warp	Course being developed by BRC to cover the spiritual and more challenging ideals questions of Rovers.
S	Self defence	Contact a local martial arts instructor to explain how to protect yourself in a confrontation.
	SES training	State Emergency Services deal with many accidents and natural disasters. See your phone book for contact information.
	Shearing	Can you shear a sheep?
	Spiritual	See Rover Record Book Method B – Spiritual Badge for suggestions of Spiritual Development
	Surf Life Saving	Could you save a person in a rip? Give Surf Life Saving training a go.
	Survival night	Get someone from the Army to give tips on how to survive in extreme conditions.

The next page has been left blank for you to add any of your own suggestions.

If you have any further suggestions for program ideas or good Rover activities then please send them to:

Rover Marketing Team of Victoria Chairman

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